

Tarrant County Resources

COMMUNITY RESOURCE GUIDE – Tarrant County COMMUNITY HEALTH, BEHAVIORAL, SOCIAL SERVICES RESOURCE GUIDE

Behavioral/Mental Health Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
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| My Health My Resources- Tarrant County *Multiple locations, multiple treatments options, see website for more information. | Provides 24/7 community-based services for youth and adults with developmental disabilities, mental health conditions, and substance use disorders. Through a variety of outpatient, residential, and crisis support services people of all ages can get the help they need. | 3840 Hulen Street Fort Worth, TX 76107 (817) 569- 4300 Crisis line: (817) 335- 3022 http://www.mhmrtarrant.org/ |
| JPS Health Network *Multiple locations, multiple treatments options, see website for more information | Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services. | Viola Pitts/Como Health Center 4701 Bryant Irvin Road N. Fort Worth, TX 76107 (817) 702-1100 https://www.jpshealthnet.org/location/viola-pittscomo-health-center |
| Millwood Hospital | Inpatient and outpatient mental health and chemical dependency care for children, adolescents, adults, and seniors. | 1011 N. Cooper Street Arlington, TX 76011 (817) 261-3121 https://millwoodhospital.com/ |

Child/Youth Services

Texas Youth Hotline

Provides 24/7 preventive support to youth free of charge. Trained volunteers provide guidance on youth-related concerns, referral information, and simply listen.

Phone: (800)-989-6884

Text: (512)-872- 5777 http://www.dfps.statetx.us/Youth_Hotline/

2717 Mesquite, TX

(972)- 226-3110 <http://lighthousefornewhope.org/home>

LightHouse for New Hope: Grief & Loss Center

Provides grief support for children & adults who have experienced loss (death, divorce, separation, etc). Offering group and individual counseling as well as play therapy for children.

(888)-754-0524

<http://www.mhmtarrant.org/Services/Early-Childhood-Services>

ECI of North Central TX provides evaluation services for children and families to help young children who may be behind schedule for developmental milestones.

MHMR Tarrant County: Early Childhood Intervention (ECI)

Crisis Assistance

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| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
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| ACH Child and Family Services | Crisis intervention and counseling, short-term counseling for at-risk youth and their families, emergency youth shelter, youth life skills, and parenting classes. | Hotline: (817)-355-4673 https://achservices.org/ |
| MHMR ICare Crisis Hotline | 24/7 hotline that provides emergency mental health support, information, and referrals for all people. | Phone: (817) 335-3022 Text: (817) 355-3022 https://www.mhmtarrant.org/About-Us/Community-Resources |
| Psychiatric Emergency Center- JPS Health Network *Multiple locations, multiple treatments options, see website for more information | Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services. | 1500 S. Main Street Fort Worth, TX (817) 702-4151 http://www.jpshealthnet.org/location/psychiatric-emergency-center |

Dental Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|--|--|
| Dental Health Arlington | Non-profit that provides low-cost preventive and pain relieving services to low income residents in Tarrant County. | 501 W. Sanford Street, Stw. 11 Arlington, TX 76011 (817) 277-1165 https://www.dentalhealtharlington.org/patients |
| Dental – JPS Health Network *Multiple locations, multiple treatments options, see website for more information | Provides dental care for patients experiencing problems that need immediate treatment, such as severe pain, broken, cracked, or chipped tooth. | Stop Six/Walter B. Barbour 3301 Stalcup Road Fort Worth, TX 76119 (817) 702-3567 https://www.jpshealthnet.org/health_care_services/dental/locations |
| Dental Care- Cook Children's | Serves patients between 0 to 16 years old for preventive, | Renaissance 2600 E. Berry Street |

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| | restorative, and sedation dental care services. Accepts Medicaid & CHIP and can treat children with medical conditions. | Fort Worth, TX 76105 (817) 347-4600 https://cookchildrens.org/neighborhood-clinics/renaissance/Pages/dental-care.aspx |
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Emergency Shelters

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J.E. & L.E. Mabee Social Service Center

Mabee Center serves individuals and families 24/7 for 365 days per year. Provides emergency family homeless shelters, daily meals, a transitional program, support services for homeless veterans, and a long-term residential treatment program for those with substance use issues.

1855 E. Lancaster Avenue
Fort Worth, TX 76103
(817) 344-1800 https://www.salvationarmydfw.org/p/locations/fort_worth/mabee_center

Provides free emergency shelter, employment program, educational & lifeskill services, job readiness and coaching, social work services, and health services for men, women, and children of all ages.

325 West Division Street

Arlington Life Shelter

Presbyterian Night Shelter

Free shelter for homeless adults operating 24/7, 365 days per year. Provide meals and additional support services for single women and single men without length-of-stay restrictions.

Arlington, Texas 76011

(817) 548-9885

<https://arlingtonlifeshelter.org/How-We-Help/Entrance-Requirements.html>

2400 Cypress

Fort Worth, Texas 76103

(817) 632-7400

<https://www.journeyhome.org/who-we-help>

Financial Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|--|--|
| Community Action Partners | Provides comprehensive services to economically disadvantaged individuals, families, and the elderly. Through the CAP program residents learn to become financially independent, reducing and eliminating their reliance on social services. | 4200 S. Freeway, Suite 2300 Fort Worth, TX 76115 (817) 392- 5720 http://fortworthtexas.gov/cap/ |
| St. John the Apostle Parish | Only for zip codes: 76053, 76054, 76117, 76118, 76180, 76182, 76111. By appointment only. Offers financial aid for rent, utilities, and other bills after screening by intake volunteer. | (817) 284-5912 https://sjtanrh.com/social-ministry |
| Tarrant County Department of Human Services | A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income. | 1200 Circle Drive, Ste. 200 Fort Worth, 76119 817-531-5620 http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=Iwantto&linkname=Categories%20of%20Assistance |

Food Assistance

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| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
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| Arborlawn United Methodist Church Food Panty | Food pantry and clothing closet that offers assistance and can provide nonperishable food. Open Tuesday—Thursday, 9am to 12pm. | 5001 Briarhaven Road Fort Worth, TX 76109 (817) 731-0701 https://www.arborlawnumc.org/care-about |
| WIC Program-Tarrant County *Multiple locations, multiple treatments options, see website for more information | Offers free services to those who qualify to receive nutrition information, breastfeeding education and assistance, nutritious food, referrals to health and medical services, and immunizations as some WIC clinics. | (817) 321-5400 https://access.tarrantcounty.com/en/public-health/family-health-services/wic-program/wic-locations.html?linklocation=Iwantto&linkname=Clinic%20Locations |
| Salvation Army of Tarrant County | Provides food & emergency financial assistance for rent, bills, medications and case management for eligible families, depending on availability. | 1855 East Lancaster Fort Worth, TX 76103 (817) 344-1800 http://fortworth.satruck.org/ |

Housing and Rent Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|--|
| Tarrant County Department of Human Services | A variety of programs available to help disabled, unemployed, or people in crisis. Including a Special Utility Assistance Program for those receiving social security benefits or those with limited income. | 1200 Circle Drive, Ste. 200 Fort Worth, 76119 817-531-5620 http://access.tarrantcounty.com/en/human-services/categories.html?linklocation=lwantto&linkname=Categories%20of%20Assistance |
| Tarrant County Housing Partnership | Works in collaboration with local and federal government to deliver a variety of programs and services that address housing issues for special populations. Including free counseling and workshops for first-time home buyers, homeowners in crisis, down payment and closing cost assistance, and affordable housing options. | 4200 South Freeway, Ste. 307 (817) 924-5091 Toll-free: (877)-924-5095 Email: counseling@tchp.net https://www.tchp.net/programs_services/ |
| Housing Assistance Office-Tarrant County | Provides safe, decent, and affordable housing for low income families. TCHAO promotes personal, economic, and social upward mobility while assisting families with the transition from subsidized to non-subsidized housing. | 2100 Circle Drive Fort Worth, TX 76119 (817) 531-7640 https://www.tarrantcounty.com/en/housing-assistance-office.html |

Legal Assistance

Medical Assistance

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| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
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| Free/Low Cost Legal Assistance- Tarrant County | List of resources provided by Tarrant County of organizations that provide free or low-cost legal assistance. | https://www.tarrantcounty.com/en/law-library/free-low-cost-legal-assistance.html |
| Legal Aide of NorthWest Texas | Non-profit organization that provides high quality, legal aid through a combined effort of legal services staff and volunteer attorneys. Assists individuals and families with civil matters including: family law and domestic violence, access to benefits, housing issues, employment, wills and much more. | 600 E. Weatherford Street Fort Worth, TX 76102 (817) 336-3943 https://internet.lanwt.org/locations/fortworth |

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| Family and Veteran Advocacy Clinic- Texas A&M University School of Law, Law Clinic | Free legal assistance for low income individuals and families. Handles civil cases such as: protective orders, domestic violence issues, divorces and child custody, adoptions, etc. Must make an appointment by calling first. | Star-Telegram Building 307 W. 7 th Street, Ste. LL50 (817) 212-4123 https://law.tamu.edu/prospective/academics/centers-clinics-programs/family-and-veterans-advocacy-clinic/for-potential-clients |
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Cook Children's Neighborhood Clinics

*Multiple locations, multiple treatments options, see website for more information

Community-based neighborhood clinics provide well-child, sick visits, vaccines, and other supportive resources. Accepts Medicaid, CHIP and most insurance plans.

Miller Clinic
 2755 Miller Avenue
 Fort Worth, TX 76105
 (817) 534-7110 <https://cookchildrens.org/neighborhood-clinics/Pages/default.aspx>

JPS Health Network

*Multiple locations, multiple treatments options, see website for more information

North Texas Area Community Health Centers

*Multiple locations, multiple treatments options, see website for more information

Provides inpatient, outpatient, and peer and family services for adults and adolescents. Accepts most insurance plans and offers multiple payment assistance programs for services.

True Worth Clinic
 513 E Presidio Street Fort Worth, TX 76102 (817) 702-1100

<http://www.jpshealthnet.org/location/true-worth-clinic>

Offers a full range of quality, family-oriented comprehensive primary and preventive services, including Family Medicine, Pediatrics, OB-GYN, family planning, prenatal care, behavioral care services, and health education.

Southeast Community Health Center 2909 Mitchell Blvd.
 Fort Worth, TX 76105
 (817) 625-4254 <https://ntachc.org/locations/>

Provides financial assistance for those who qualify for medical treatments if out of pocket costs are too high for the individual.

(800) 675-8416

<https://www.healthwellfoundation.org/>

HealthWell Foundation

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Misc. Basic Needs Assistance

Substance Use Disorder Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
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| Help and Hope | Wealth of community resources, contact information, and service directory for families in Tarrant County. | http://www.helpandhope.org/ |
| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
| My Health My Resources- Tarrant County | Provides comprehensive treatment for recovery through addiction services. MHMR offers a continuum of care for adults and adolescents including prevention, education, and testing services. | MHMR Recovery Center 1501 E. El Paso Street Fort Worth, TX 76102 (817) 569-4600 https://www.mhmrtarrant.org/Services/Addiction-Services |
| *Multiple locations, multiple treatments options, see website for more information. | | |

Transportation Assistance

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
|---|---|---|
| My Ride- MHMR of Tarrant County | Provides transportation options & counseling for people experiencing difficulty getting to the doctor, grocery store, work, social activities, etc. due to a disability. | Disability Services Office 1300 Circle Dr. Fort Worth, TX 76119 (682) 587- 7099 http://www.mhmrtarrant.org/Services/Intellectual-and-Developmental-Disabilities/Transportation |
| *Multiple locations, multiple treatments options, see website for more information. | | |
| Trinity Metro | Public transportation organization serving citizens of Tarrant County. This included a fixed bus service, vanpools, paratransit service including (Trinity Railway Express, TEXRail, North Texas Xpress). | 801 Cherry St. Ste. 850 Fort Worth, TX 76102 (817) 215-8600 https://ridetrinitymetro.org/ |

Volunteer and Faith-Based Services

| ORGANIZATION NAME | ABOUT | CONTACT INFORMATION |
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| Catholic Charities of Fort Worth | Non-profit organization providing dental services, pregnancy support, immigration services, services for those experiencing homelessness, tax preparation assistance, | (817) 534-0814 https://www.catholiccharitiesfortworth.org/help/ |

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| | transportation assistance, and veteran services. | |
| Eastside Ministries of Fort Worth | Non-profit dedicated to providing food, clothing, and other essential items to those in need. First-come, first-serve. New clients must be signed in by 11:15am. | 5929 E. Lancaster Avenue Fort Worth, TX 76112 (817) 446-3278 http://eastsidecommunityassistance.org/ |